

10 Gifts to yourself in 2020



1. Pay your own phone Bill

Believe it or not it is a gift. Its liberating to not have to ask your parent every month for money and then get asked why the bill is so high and how much data you are using or who you speak to for an hour every night.

2. Stop Smoking!

Yes, even social smoking. It adds nothing to your life, is too expensive an addiction and makes you waste too much time. Plus, you smell horrible after that cigarette.



3. Cook at least once a week.

Simple illustrations don't have the same eye-catching power that they once did. Embrace more imaginative, abstract, and even dreamy illustrations to really stand out in 2020.

4. Don't buy useless stuff.

Stop wasting money on buying flower bouquets which will die in two days, multiple cups of coffee which cost a ridiculous amount each time, salon trips for needless foot massages and on buying torn jeans.



5. Delete at least five useless apps from your phone

They are taking up not only your phone space but also your mind space. The apps that let you add cat whiskers and bunny ears are great to kill time, but if that time is in between work, its really not that great.

6. Increase the role of music in your life.

The app you should have is YouTube Music or Spotify or something similar. Add music to your every day life and benefit from how easily it can uplift your day.



7. Walk, don't order.

Everything is available either at the push of your finger or with a call to your house help (or your parent's house help). If you are doing a lot of ordering around on any medium, the real outcome is laziness and it will start to show in the shape of tires around your waist or high markers in your blood report.

8. Eat more street food.

The obsession with sanitised hands and living spaces has practically killed our immunity. Don't be afraid to go out to the roadside vendor and tuck in pani puris. Indulge in that occasional samosa frying in a wok of dark, suspicious coloured oil. Its delicious, it won't kill you and it is easy on the pocket.



9. Learn to dress well.

Wearing torn denims, crumpled shirts, track pants and flip flops to office is totally uncool, no matter which day of the week it is. Comb your hair, wash your face and look like a person who has something meaningful to contribute.

10. Type out the entire word

Language is a beautiful means to communicate with others, do not reduce it to half sounds and single letters. It is simpler to do, but it reflects incompetence in basic understanding of language and shows a laziness to communicate well. Type out the entire word Learn to dress well.

